

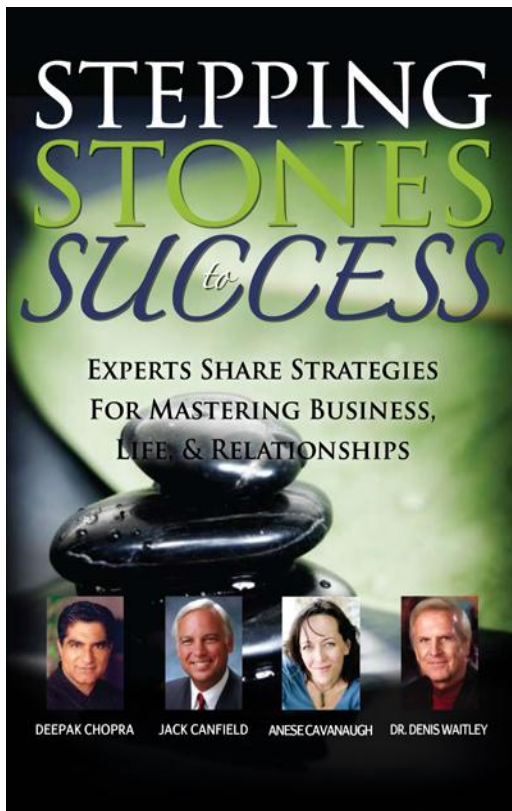
FROM INSIGHT PUBLISHING

# For IMMEDIATE RELEASE

Anese Cavanaugh joins Deepak Chopra, Jack Canfield,  
& Dr. Denis Waitley in a new book,

## Stepping Stones to Success!

*Goals & Proven Strategies from the Industry's Leading Experts*



ROCKLIN, CALIFORNIA— Anese Cavanaugh, keynote speaker and author, has been selected from a nationwide search to be featured in *Stepping Stones to Success*; a highly successful book series from Tennessee based Insight Publishing. The book features best-selling authors Deepak Chopra (*The Power of Purpose*), Jack Canfield (*Chicken Soup for the Soul*), & Dr. Denis Waitley (featured in *The Secret*). Anese Cavanaugh, Chopra, Canfield, and Waitley, are joined by other well known authors and speakers, each offering time-tested strategies for success in frank and intimate interviews.

Anese Cavanaugh, President of Dare To Engage, Inc., Founder of Bootist Leadership®, and mother of two, gets people "in their boots." Using energy, mindset, mission, and action, cornerstones of her "Bootist" philosophy, she helps forward-thinking individuals and organizations create positive energy, successful relationships, congruent leadership, and joyful results – wherever they go. Dare To Engage® offers private coaching, group programs, and experiential products all devoted to optimizing leadership, organizational health, and personal and relationship success.

For more information on Anese Cavanaugh and to order your copy of *Stepping Stones to Success*, visit the website at [www.DareToEngage.com](http://www.DareToEngage.com). Should you have any questions, please contact Mandy Akahoshi at [Mandy@DareToEngage.com](mailto:Mandy@DareToEngage.com), or call 877.994.DARE(3273).

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Insight Publishing  
707 West Main Street, Suite 5  
Sevierville, Tennessee 37862  
Office: 865.429.0252, Fax: 865.429.4523